



The Promise of Rest
Hebrews 4:1-10

I. The Promise of God's Rest.

A. How did the 1st century readers think of God's rest?

B. How did the writer describe God's rest?

1. God's rest is found in a person.

2. The OT Promised Land was a shadow of the Sabbath rest for God's people.

II. The Entrance into God's Rest.

III. The Superior Rest of the Superior Joshua.

A. It is primarily heavenly rest.

B. It is joyful, eager, celebratory working & living.