

Purposeful Preparations Sept. 24th, 2020

Intro: Dane Tornell

What are we Preparing for? Why?: Bill Heard

Fuel: Dane

Food: Bill / Dane

Power: Dane

Water: Dane

First Aid: Dane

'System Shutdown': Todd Crouse

Creating 'Pods': Todd

Communication Confusion: Todd

Home Security: Todd

Widows and Elderly: Bill

Preparation Timeline: Bill / Dane

Q&A

Practical Training: Dane

Pray: Bill

TIMELINE OF PREPARATION:

By October 2nd, Friday:

Contact: Create Pod - At least 1 Neighbor and have 'this' conversation. Together consider who else.

Drinking water: One gallon per day for every family member for 3 days

Food: For each family member - At home - 1 week.....To Go - 1 week = **2 weeks total**

Fuel: Generator / Vehicle / Stove to run essentials for 1 week

First Aid: Medium 'go bag' with essentials (Wound care and infection treatment - Clean gloves, clean environment during wound care)

Vitamins: Procuring process of basic vitamin supply (A, B: 1,2,3,5,7,9,12, C,D, E, K, Folic Acid, Calcium, Zink)

Basic "Go-Bag": Consider mobilization of your family for at least a week from your home (How long will it take to get ready? Who has what job? What items are essential: Dry, Water, Fire, Shelter, Food)

By October 10th, Friday:

Contact: At least 1 other Neighbor and have 'this' conversation = Total of 4 families now engaged. Create your communication system.

Drinking water: Work on Water filtration, use it!!!

Food: Additional; At home - 1 week.....To Go - 1 week = **4 weeks total**

Fuel / Batteries: Additional fuel supply added. Consider travel needs and required round trip fuel. Batteries to operate small light sources for a month, Test what you have to make sure they are good to go.

First Aid: Procure additional items (Sealed non-adherent pads, wrap, antibiotic ointment, Glue / Steristrip, etc)

Go-Bag: Finalize all resources, plan in place to evacuate

October 15th, Thursday:

Contact: Your "Pod" has an emergency plan established.

Water: Filtration ability to produce 1000+ gallons

Food: Additional; At home - 1 week.....To Go - 1 week = **6 weeks total** (Put food on a rotation schedule if needed.).....Be striving for 12 week supply..

Contact info:

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Suggested Minimal Steps for Preparation

1. Have emergency food, water, and go bags for a three to seven day emergency situation.
2. Personal side arm (hand gun), shot gun, and rifle. Get trained well on care and use. Keep them available appropriately.
3. Have a thirty days of food supply that is portable or mobile, portable water filtration.
4. Work towards a six to twelve month supply of food for family that would be kept on rotation.
5. First aid supplies for minor and major injuries.
6. Good knowledge of basic first aid and CPR. Classes are available.
7. Supply of critical vitamin and minerals, medications for your family, and for charity.
8. Good cold weather clothes and boots.
9. Small alternative generator for your electronics, esp. for communication. Probably solar.
10. Solar generator big enough to keep your freezers charged, some lights etc.
11. Alternative sources of heat.
12. Alternatives or plans to keep a water supply for your house.
13. A library of books and resources on all the things you need to know to survive without all the tools that demand electricity or computers to operate.
14. Take more personal responsibility for your own health, expand your knowledge and resources, i.e. silver ion machine.

LIST OF LISTS

- *Water List
- *Food-Preparation List
- *First-Aid/Minor-Surgery List
- *Biological-Warfare- and Pandemic-Defense List
- *Gardening List
- *Hunting/Fishing/Trapping List
- *Power/Lighting/Batteries List
- *Fuels List
- *Tactical-Living List
- *Security-Firearms List
- List
- *Tools List
- *Survival-Bookshelf List
- *Food-Storage List
- *Personal List
- *Chem/Nuke-defense List
- *Hygiene/Sanitation List
- *Firefighting List
- *Security-General
- *Communications/Monitoring
- *Sundries List
- *Barter and Charity List

Books and Other Resources

1. *How to Survive the End of the World as We Know It* by James Wesley Rawles - Tactics, techniques and technologies for uncertain times.
2. *Tools for Survival*, by James Wesley Rawles - What you need to survive when you're on your own.
3. Survival Blog.com - James Wesley Rawles
4. *Patriots*, by James Wesley Rawles - a novel of survival in the coming collapse.
5. *When Disaster Strikes* by Matt Stein – A comprehensive guide for emergency planning and crisis survival.
6. *Hawke's Special Forces Survival Handbook* by Mykel Hawke, Captain US Army Special Forces.
7. *Nature Bound* by Ron Dawson– Pocket Field Guide for survival in the northwest.